



**Primary Residence Status – Property Taxes**

**Notice:** Utah law requires property owners to declare their property's classification when recording a deed to obtain a primary residential tax exemption. Similar filings are needed for greenbelt exemptions. Contact the county assessor to see if this applies to your property.

**Utah County Assessor** - <http://www.utahcounty.gov/Dept/Assess/index.asp>

100 E Center St, Provo, UT 84606, Phone (801) 851-8295

**Property Watch Service**

The Property Watch service in Weber County notifies residents by email of newly recorded documents affecting their property. Sign up to stay informed: <https://property-watch.utahcounty.gov/>

**Alpine**

[www.alpinecity.org](http://www.alpinecity.org)

20 North Main  
Alpine, Utah 84004  
Phone (801) 756-6347

**American Fork**

[www.afcity.org](http://www.afcity.org)

51 East Main Street  
American Fork, Utah 84003  
Phone: (801) 763-3000

**Cedar Fort**

[www.townofcedarfort.com](http://www.townofcedarfort.com)

50 East Center Street  
Cedar Fort, UT 84013  
Phone: (801) 768-2147

**Cedar Hills**

[www.cedarhills.com](http://www.cedarhills.com)

10246 North Canyon Road  
Cedar Hills, Utah 84062  
Phone: (801) 875-9668

**Draper**

<http://www.draper.ut.us/>

1020 E. Pioneer Road  
Draper, UT 84020  
Phone: (801) 576-6500

**Eagle Mountain**

[www.emcity.org](http://www.emcity.org)

1650 East Stagecoach Run  
Eagle Mountain, Utah 84005  
Phone: (801) 789-6600

**Elk Ridge**

[www.elkridgecity.org](http://www.elkridgecity.org)

80 East Park Drive  
Elk Ridge, Utah 84651  
Phone: (801) 423-2300

**Herriman**

<http://www.herriman.org/>

13011 South Pioneer Str.  
Herriman, UT 84096  
Phone: (801) 446-5323

**Highland City**

[www.highlandcity.org](http://www.highlandcity.org)

5400 W Civil Center Dr. STE 1  
Highland, Utah 84003  
Phone: (801) 756-5751

**Lehi**

[www.lehi-ut.gov](http://www.lehi-ut.gov)

153 North 100 East  
Lehi, Utah 84043  
Phone: (801) 768-7100

**Lindon**

[www.lindoncity.com](http://www.lindoncity.com)

100 North State Street  
Lindon, Utah 84042  
Phone: (801) 785-5043

**Mapleton**

[www.mapleton.org](http://www.mapleton.org)

125 West Community Way  
Mapleton, Utah 84664  
Phone: (801) 489-5655

**Orem**

[www.orem.org](http://www.orem.org)

56 North State Street  
Orem, Utah 84057  
Phone: (801) 229-7000

**Payson**

[www.paysonutah.org](http://www.paysonutah.org)

439 West Utah Avenue  
Payson, Utah 84651  
Phone: (801) 465-5200

**Pleasant Grove**

[www.plgrove.org](http://www.plgrove.org)

70 South 100 East  
Pleasant Grove, Utah 84062  
Phone: (801) 785-5045

**Provo**

[www.provo.org](http://www.provo.org)

351 West Center Street  
Provo, Utah 84601  
Phone: (801) 852-6000

**Salem**

[www.salemcity.org](http://www.salemcity.org)

30 West 100 South  
Salem, Utah 84653  
Phone: (801) 423-2770

**Santaquin**

[www.santaquin.org](http://www.santaquin.org)

275 West Main Street  
Santaquin, Utah 84655  
Phone: (801) 754-3211

**Saratoga Springs**

[www.saratogaspringscity.com](http://www.saratogaspringscity.com)

1307 N. Commerce Dr. #200  
Saratoga Springs, Utah 84045  
Phone: (801) 766-9793

**Spanish Fork**

[www.spanishfork.org](http://www.spanishfork.org)

40 South Main Street  
Spanish Fork, Utah 84660  
Phone: (801) 804-4500

**Springville**

[www.springville.org](http://www.springville.org)

110 South Main Street  
Springville, Utah 84663  
Phone: (801) 489-2700

**Vineyard**

[www.vineyard.utah.gov](http://www.vineyard.utah.gov)

220 East Gammon Road  
Vineyard, Utah 84058  
Phone: (801) 226-1929

**Woodland Hills**

[www.woodlandhillsutah.org](http://www.woodlandhillsutah.org)

690 South Woodland Hills Dr.  
Woodland Hills, Utah 84653  
Phone: (801) 423-1962

## Internet/Phone/TV

### CenturyLink®

[www.centurylink.com/home/moving/](http://www.centurylink.com/home/moving/)

Phone: (866) 642-0444

### Comcast®

[www.customer.comcast.com/contact-us/](http://www.customer.comcast.com/contact-us/)

Phone: (800) 934-6489

### Dish Network®

[www.dish.com/support/](http://www.dish.com/support/)

Phone: (888) 656-2461

### Direct TV

[https://support.directv.com/app/contact\\_us](https://support.directv.com/app/contact_us)

Phone: (855) 838-4388

### Rocky Mountain Power

<https://www.rockymountainpower.net>

Phone: (888) 221-7070

### Dominion Energy

<https://www.dominionenergy.com/>

Phone: (800) 323-5517

### Blue Stakes

[www.bluestakes.org](http://www.bluestakes.org)

Phone: (801) 622-4111

### Poison Control

[www.uuhsc.utah.edu/poison](http://www.uuhsc.utah.edu/poison)

Phone: (800) 222-1222

## Utah County Post Office Locations

### Orem Post Office

Phone: 801-227-0662  
220 West Center Street  
Orem, Utah 84057

### Provo Post Office

Phone: 801-818-9692  
95 West 100 South  
Provo, Utah 84601

### Pleasant Grove Post Office

Phone: 801-785-5589  
180 South 100 West  
Pleasant Grove, Utah 84062

### Spanish Fork Post Office

Phone: 801-794-1197  
165 East 900 North  
Spanish Fork, Utah 84660

### Santaquin Post Office

Phone: 801-754-3827  
20 West Main Street  
Santaquin, Utah 84655

### Mountain Shadows Post Office

Phone: 801-802-7141  
877 East 1200 South  
Orem, Utah 84097

### Springville Post Office

Phone: 801-491-3656  
75 East Center Street  
Springville, Utah 84663  
Provo, Utah 84606

### Payson Post Office

Phone: 801-465-0564  
955 East 100 North  
Payson, Utah 84651

### American Fork Post Office

Phone: 801-492-7731  
55 North Merchant Street  
American Fork, Utah 84003

### Lehi Post Office

Phone: 801-766-1562  
333 East Main Street  
Lehi, Utah 84043

### Goshen Post Office

Phone: 801-667-9945  
80 South Center St  
Goshen, Utah 84663

### Salem Post Office

Phone: 801-423-7894  
134 East 200 North  
Salem, Utah 84653

### East Bay Post Office

Phone: 801-374-3343  
936 South 250 East  
Provo, Utah 84606

## Utah County Hospitals

### Timpanogos Regional Hospital

Phone: 801-714-6000  
750 West 800 North  
Orem, Utah 84057

### Utah Valley Regional Medical Center

Phone: 801-357-7850  
1034 North 500 West  
Provo, Utah 84604

### Mountain View Hospital

Phone: 801-465-7000  
1000 East 100 North  
Payson, Utah 84651

### Orem Community Hospital

Phone: 801-224-4080  
331 North 400 West  
Orem, Utah 84057

## School Districts

### Alpine School District

[www.alpineschools.org](http://www.alpineschools.org)  
Phone: (801) 610-8400

### Provo School District

[www.provo.edu](http://www.provo.edu)  
Phone: (801) 374-4800

### Nebo School District

[www.nebo.edu](http://www.nebo.edu)  
Phone: (801) 354-7400

## Utah County Government

### Animal Control- 801-851-4000

3075 North Main Street, Spanish Fork, Utah 84660

### Assessor- 801-851-8244

100 East Center Street, Provo, Utah 84606  
Real Property - Rm 1100  
Personal Property – 1105

### Clerk/Auditor- 801-851-8109

100 E. Center Street Room 3600, Provo, Utah 84606

### Community Development 801-851-8343

51 South University Avenue, Suite 117 and Suite 120  
Provo, Utah 84601

### Health: Administration/Vital Records- 801-851-7000

151 South University Avenue, Provo, Utah 84601

### Health: Mosquito Abatement-801-851-7637

2855 South State Street, Provo, Utah 84606

### Health: Substance Abuse- 801-851-7127

151 S. University Ave Ste 3200, Provo, Utah 84601

### Health: Women, Infant, & Children- 801-851-7300

151 S. University Ave Ste 2100, Provo, Utah 84601

### Justice Court- 801-851-7200

151 S. University Ave Ste 3300, Provo, Utah 84601

### Public Works- 801-851-8600

2855 South State Street, Provo, Utah 84606

### Recorder- 801-851-8179

100 East Center St Ste 1300, Provo, Utah 84606

### Sheriff- 801-851-4000

3075 North Main, Spanish Fork, Utah 84660

### Surveyor- 801-851-8669

2855 South State Street, Provo, Utah 84606

### Treasurer- 801-851-8254

100 East Center St Ste 1200, Provo, Utah 84606-3159

### Utah County Fair- 801-851-8136

Spanish Fork Fairgrounds

### Utah County Fire- 801-851-4141



# Backman Title Services

[www.backmantitle.com](http://www.backmantitle.com)



Note: Utah State Law (Section 59-2-103-5) requires a property owner to declare the proper classification of their property whenever a deed records to obtain a primary residential tax exemption. Similar filings are also necessary to maintain or receive greenbelt property tax exemptions. Please consult the applicable County Assessor's Office to determine whether this exemption applies to this transaction.

- ☐ Verify the wiring instructions provided by the title company and confirm them directly with your bank or a trusted contact to prevent wire fraud.
- ☐ If applicable, complete the water right or water share transfer after closing with the state or with the irrigation company and ensuring that all necessary documentation and fees are properly submitted.
- ☐ File for a primary residence exemption with the county assessor to potentially qualify for property tax savings.
- ☐ Sign up for "Property Watch" from your county recorder (if available)
- ☐ Arrange for payment of HOA/Association dues and ensure that you are aware of the payment schedule and any specific requirements.
- ☐ Coordinate with the seller to transfer the utilities into your name and set up any desired automatic payments or billing preferences.
- ☐ Arrange for the changing of locks either through a locksmith or your home warranty company.
- ☐ Identify the garbage and recycling pick-up days in your new neighborhood to properly dispose of waste and recycling materials.
- ☐ Set up or transfer TV/internet services and gym memberships according to your preferences and needs.
- ☐ Familiarize yourself with the location of shut-off valves for water and gas in case of emergency situations.
- ☐ Forward your mail using the United States Postal Service (USPS) online forwarding service.
- ☐ Take pictures of receipts for any deductible expenses related to the purchase of the property or potential reimbursements.
- ☐ Prepare for moving day by fully charging your cell phones, having essentials like paper towels, bathroom tissue, and plastic cups/utensils readily available. Also, keep some cash on hand for unexpected expenses.
- ☐ Inform your insurance agent about your new home and ensure that your homeowner's insurance policy is active and covers the correct property.
- ☐ Consider creating a home maintenance checklist to keep track of regular tasks such as changing air filters, servicing HVAC systems, or scheduling lawn care.
- ☐ Research local service providers, such as plumbers, electricians, and landscapers, and keep their contact information handy for any future needs or emergencies.
- ☐ Familiarize yourself with any homeowner association (HOA) rules, regulations, and restrictions, and ensure compliance with their guidelines.
- ☐ Take the time to explore your new neighborhood and introduce yourself to neighbors, making connections and getting to know the community.

**Several companies & service providers may require notice of your new address.**

- ☐ Auto, life, & health insurance companies. (Ensure your policies reflect the correct information and coverage).
- ☐ HR department at your workplace for payroll and benefits purposes.
- ☐ Transfer your prescriptions to a new pharmacy and notify your healthcare providers, including doctors, dentists, & other specialists.
- ☐ Banks, credit unions and credit card companies, especially those that mail monthly statements.
- ☐ Subscription services, such as streaming platforms, online shopping accounts, or meal delivery.
- ☐ Any professional associations or fraternal organizations you are a member of.
- ☐ Driver's license & other state/professional licenses and permits. Remember other government agencies, such as the Department of Motor Vehicles (DMV), Medicare, Medicaid, and the Social Security Administration.
- ☐ Schools, educational institutions, and student financial aid lenders.
- ☐ Magazine & newspaper subscriptions.



# Residential Property Declaration

[UCA §59-2-103.5(8)]

**This form must be returned to the County Assessor's office within 30 days of mailing. Failure to do so will result in withdrawal of the primary residential exemption from your residential property.**

PT-19B 05/18/19

## Residential Property Owner Information

Property owner(s) name(s):	Home phone:	Work phone:
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Mailing address:

City:	County:	State:	Zip:
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## Residential Property Information

Parcel or serial number:

Physical address:

City:	County:	State:	Zip:
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## Certification

☐ Yes ☐ No Is this property occupied by the owner or by another person for more than 183 consecutive calendar days as their primary residence?  
*(a part year residential property occupied for 183 or more consecutive calendar days in a calendar year by the owner(s) or a tenant is eligible for the exemption)*

**If a property owner or a property owner's spouse claims a residential exemption under Utah Code Ann. § 59-2-103 for property in this state that is the primary residence of the property owner or the property owner's spouse, that claim of a residential exemption creates a rebuttable presumption that the property owner and the property owner's spouse have domicile in Utah for income tax purposes. The rebuttable presumption of domicile does not apply if the residential property is the primary residence of a tenant of the property owner or the property owner's spouse.**

## Signature(s) *(This form must be signed by all owners of the property)*

Under penalties of perjury, I declare to the best of my knowledge and belief, this declaration and accompanying pages are true, correct and complete. Electronic Signature Agreement: By typing your signature below you are signing this document electronically. You agree your electronic signature is the legal equivalent of your manual signature on this document.

First owner name	First owner signature	Date (mm/dd/yyyy)
Second owner name	Second owner signature	Date (mm/dd/yyyy)



## Are Title Thieves Really Stealing Utah Homes?

If you've seen infomercials promoting services to protect homeowners from title theft, you might wonder how likely such an event is. While title fraud is possible, it is extremely rare.

Earlier this year, several reputable local media outlets investigated this issue. For example, KSL-TV's Matt Gephardt and Sloan Schrage examined the reality behind title theft claims in this eye-opening piece:

<https://www.ksl.com/article/50334898/ads-claim-title-thieves-can-steal-your-home-but-can-you-really-lose-your-house>

## Benefits of Title Insurance: Built-in Coverage for Title, Fraud, and Forgery

While media coverage has highlighted this concern, many homeowners are already protected by title insurance, often purchased during settlement and closing. An owner's policy typically protects against unmarketable titles, and many residential owner's policies issued since 2008 include extended coverage for post-policy fraud, forgery, and title issues. Coverage specifics can vary, and deductibles may apply depending on the policy type. In many cases, policyholders may be covered for up to 150% of their property's original purchase price.

## Property Watch Service

The Property Watch service is a useful tool for homeowners in select Utah counties. It notifies you by email whenever a document affecting your property is recorded. Available in the following Utah counties:

Salt Lake: <https://slco.org/data-services/PropertyWatch/PropertyWatch.aspx>

Utah: <https://property-watch.utahcounty.gov/>

Weber: [https://www.webercountyutah.gov/forms/property\\_watch/](https://www.webercountyutah.gov/forms/property_watch/)

Davis: <https://www.co.davis.ut.us/recorder/property-alert>

Washington: <https://www.washco.utah.gov/2021/11/04/sign-up-for-property-watch/>

Cache: <https://www.cachecounty.org/recorder/propertywatch/faq.html>

Box Elder: <https://erecord.boxeldercountyut.gov/eaglesoftware/eagleweb/fraudGuardSignup.jsp>

Wasatch: <https://kane.utah.gov/gov/dept/it/property-watch/>

Duchesne: <https://duchesne.utah.gov/>

Uintah: <https://co.uintah.ut.us:8443/ords/ucdev/r/property-watch-signup/home>

Kane: <https://kane.utah.gov/gov/dept/it/property-watch/>

Beaver: <https://www.beaver.utah.gov/123/Recorder>

Grand: <https://www.grandcountyutah.net/137/Recorder>

Daggett: <https://www.daggettcountry.org/CivicAlerts.aspx?AID=1324>

While title theft may sound alarming, it remains a rare form of fraud. Title insurance offers substantial protection for homeowners, and the Property Watch service helps you stay informed about any changes to your property.

## Corporate Fraud Watch

The Utah Division of Corporations offers a service to help businesses monitor and receive alerts about changes to their corporate information. This can help identify potential identity theft or fraudulent activity. Email notifications are sent within 24 hours of any modification to a business address, registered agent, or principal. The service costs \$3.00 per year.

<https://secure.utah.gov/fraudalert/>



# Utah County Resource Guide



The following information is meant to be a resource guide only and is subject to change.

Treatment of an adult must be voluntary or, under extreme situations, court ordered.

Find all resource info at  
**211utah.org**

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Provo, Spanish Fork, Lindon, Mapleton, Goshen, Genola, Spring Lake, Palmyra, Orem, Springville, Saratoga Springs, Highland, Elk Ridge, Cedar Fort, West Mountain, Lehi, Pleasant Grove, Eagle Mountain, Salem, Woodland Hills, Elberta, Fairfield, American Fork, Payson, Alpine, Cedar Hills, Vineyard, Lake Shore, Benjamin

## MEDICAL ASSISTANCE

### Utah County Health Department

801-851-7000

- Birth/death certificates, nursing & infectious disease, emergency preparedness, environmental health, health promotion, mosquito abatement, senior services, WIC (women, infants and children).

### Health Clinics of Utah

801-374-7011

- Primary health care facility.
- Accepts Medicaid, Medicare, CHIP, PCN, uninsured.
- Mountainlands Family Health Center 801-429-2000
- Primary health care, immunizations.
- Accepts Medicaid, Medicare, Uninsured.

### Volunteer Care Clinic

801-812-8094

- Free basic health care services for low income and uninsured residents of Utah County.

### Gappmeyer Clinic

801-357-7930

- Primary health care facility
- Accepts Medicaid, Medicare, Uninsured

### Mountainlands Family Health Center

801-429-2000

- Primary health care facility, immunizations
- Accepts Medicaid, Medicare, Uninsured

### Utah Health Policy Project

801-433-2299

- Health consumers enroll public and private insurance
- Educate on how to make the best use of benefits

## PRESCRIPTION HELP

### RXHope rxhope.com

Information and free or low cost prescriptions through health care professionals.

### FamilyWize

Free prescription drug discount card.

Phone: 800-222-2818

### NeedyMeds

Assistance for those unable to afford their medications and health care costs.

Phone: 800-503-6897

### Mountainlands

Federal 340b program allows medication at a deeply discounted price.

### Provo Family Pharmacy

589 S. State Street

Provo, UT 84606

Phone: 801-429-2020

### West Park Family Pharmacy

750 N. 200 W. Ste. 201

Provo, UT 84601

Phone: 801-429-2035

<https://www.mountainlands.org/pharmacy>

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## MEDICAL INSURANCE

### MEDICAID

1. Go to: <https://jobs.utah.gov/mycase/>
2. Have this information ready:
  - Name, Date of Birth, and Social Security Number (SSN).
  - Information about work and types of income received on a regular basis.
  - Information about any bank accounts, vehicles, or property.
  - Information about any expenses for housing, child care, medical bills, or child support.
3. Submit application and wait for approval

### MEDICARE

You can enroll in Medicare Part A and/or Medicare Part B in the following ways:

- Online at [www.SocialSecurity.gov](http://www.SocialSecurity.gov).
- By calling Social Security at 1-800-772-1213 (TTY) users 1-800-325-0778), Monday through Friday, from 7AM to 7PM.
- In-person at your local Social Security Office.
- <https://www.medicare.gov/>

### Children's Health Insurance Program (CHIP)

CHIP provides health coverage to eligible children through both Medicaid and separate CHIP programs. CHIP is administered by the state according to federal requirements. The program is jointly funded by both the state and the federal government.

- PO Box 143107, SLC, UT, 84114-3107
- Toll-free at 1-877-KIDS-NOW
- Email: [chip@utah.gov](mailto:chip@utah.gov)

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## POLICE DEPARTMENT PHONE #'S

Lone Peak (Alpine/Highland): 801-756-9800

American Fork (AF/Cedar Hills): 801-763-3020

Eagle Mountain : 801-789-6701

Lehi : 385-201-1005

Lindon: 801-769-8600

Mapleton: 801-489-9668

Orem : 801-229-7070

Payson: 801-465-5240

Pleasant Grove : 801-785-3506

Provo : 801-852-6210

Salem : 801-423-2770

Saratoga Springs: 801-766-6503

Santaquin (Santaquin/Genola): 801-754-1070

Spanish Fork: 801-804-4700

Springville : 801-489-9421

Utah County Sheriff: 801-851-4000

Highway Patrol: 801-234-8285

***\*If it's an emergency call 911!\****

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## DEATH, TRAUMA, AND CRIME SCENE CLEAN-UP

If you have a death or trauma scene that needs to be cleaned up:

- Wait for the police to clear the scene.
- Do not clean it up yourself, have a professional do it safely and correctly.
- This can be difficult to see and deal with; have a support person close the door or put a sheet up until the professional cleaners arrive.
- Find another place to stay for the night or until the cleaning has been completed.

### Utah Crime Scene Cleanup

<https://crimecleaners.com/utah-crime-scene-cleanup.php>

State wide: 888-577-7206

### Bio and Trauma Scene Cleanup

<https://bestcrimescenecleanuputah.com/>  
(801) 331-6610

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## DEATH OF A LOVED ONE

If you find your loved one deceased, you should obtain a legal pronouncement of death.

If no physician is present, you'll need to contact someone to do this:

- If the person dies at home under hospice care, call the hospice nurse who can declare the death and help facilitate the transport of the body.
- If the person dies at home without hospice care, call 911, and have in hand a do-not-resuscitate document if it exists. Without one, paramedics will generally start emergency procedures and, except where permitted to pronounce death, take the person to an emergency room for a doctor to make the declaration.
- If the paramedics determine an emergency room is not necessary police will work with the medical examiners office to determine need for an autopsy.
- If your loved one has to go with the medical examiner's office, you will work with them directly until your loved one can be released.

### Arrange for transportation of the body.

If no autopsy is needed, the body can be picked up by a mortuary or crematorium of your choice. If the body needs to be autopsied, the hospital or doctor will notify you. You will work with the medical examiner's office until your loved one can be released.

Utah Office of the Medical Examiner  
4451 South 2700 West Taylorsville,  
UT 84129-8600  
Phone: (801) 816-3850  
<https://ome.utah.gov/>

- Contact Medical Examiner to answer specific questions involving your situation.

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## SUICIDE RESOURCES

### Hotlines:

Utah State-Wide Crisis Line: 1-800-273-8255

### TEXT:

HOPELINE to 741741 for immediate help.  
Download the free Safe UT App



VIRTUAL SAFETY  
PLAN TOOL



### Websites:

[www.crisisline.uc.org](http://www.crisisline.uc.org)  
[www.centerforsuicideawareness.org](http://www.centerforsuicideawareness.org)  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### What to do if you or someone you know is suicidal:

1. Find out if the person is in danger of harming themselves or acting on suicidal feelings.
2. Look for warning signs (statements about suicide, buying weapons/stocking up on pills, withdrawing socially, extreme mood swings, increasing use of substances, risky or self-destructive behaviors, giving away belongings, saying goodbye to people, change of normal routines)
3. Encourage the person to reach out to a suicide hotline/web-site/texting service.
4. If you are concerned about them or their safety, call 911, or go to the emergency room and get professional help.
5. If someone has attempted suicide: Call 911 immediately.

## FUNERAL HOMES

### Lehi

Wing Mortuary  
801-768-9514

### American Fork

Anderson & Sons  
801-752-3564  
Warenski Funeral Home  
801-763-5000

### Highland

Anderson & Sons Lone Peak  
Chapel 801-756-4101

### Pleasant Grove

Olpin Family Mortuary  
801-785-3503

### London

Utah Valley Mortuary  
801-796-3503

### Orem

Berg Mortuary  
801-225-2131  
Premier Funeral Services  
801-960-9150  
Walker Sanderson Funeral  
Home 801-226-3500  
Sundberg-Olpin Mortuary  
801-225-1530  
Nelson Family Mortuary  
801-405-7444

### Provo

Berg Mortuary 801-373-1841  
Walker Sanderson Funeral  
Home 801-373-6668

### Springville

Berg Mortuary  
801-489-4233  
Spring Creek Utah County  
Mortuary 385-325-3131  
Wheeler Mortuary  
801-489-6021

### Spanish Fork

Walker Mortuary  
801-798-2169  
Legacy Funerals & Cremations  
801-300-7992

### Payson

Walker Mortuary  
801-465-3846  
Santaquin Brown Family  
Mortuary 801-754-3692

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## CHILD AND ADOLESCENT CRISIS CARE

### Vantage Point

Short-term facility for youth (ages 10-17) who have run away, have conflict at home, are homeless, or at high-risk.

801-373-2215

1189 E 300 N, Provo, UT

### Family Support and Treatment Center Crisis Respite Nursery

24/7 service for children under 12 years old whose families need extra support during stressful situations.  
Call: 801-229-1181 to schedule an appointment.

1255 N 1200 West, Orem, UT



## WHAT DO I DO IF MY CHILD OR TEENAGER IS IN CRISIS?

1. Preventative safety measures include: locking up guns, knives, and other sharp objects; using child safety locks on car doors; removing furniture and heavy objects from the child's room; and locking up all medications and other substances.
2. De-escalate the crisis by keeping your voice calm, listening to your child, moving slowly, and giving them space. Do not leave them alone if they are at immediate risk.
3. Remember safety first! When your own safety is in question, back up or get out!
4. If your child is not in immediate danger, you could call a psychiatrist, nurse, case manager, or therapist that knows your child well.
5. If your child poses an immediate risk of danger to themselves or others, call emergency crisis services through Wasatch Behavioral Health at 801-373-7393 or call 911 for law enforcement support.
6. If the situation cannot be resolved, or it is recommended by the crisis team or law enforcement officer, taking your child to the emergency department (ED) may be the best option. Keep in mind, that this does not guarantee admission.

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## HOMELESS SERVICES

### Food and Care Coalition

299 E 900 S  
Provo, UT 84062  
801-373-1825

Visit <https://foodandcare.org> or call the phone number provided for details. Serves the homeless community of Utah County by providing resources for food, showers, laundry, hygiene, and other basic necessities.

### Community Action

815 S Freedom Blvd # 100  
Provo, UT, 84601  
(801) 373-8200

A nonprofit agency that offers a range of services for low-income individuals and families.

24 Hr Shelters

## 24 HOUR SHELTERS >>> NEXT PAGE

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## MEDICATION DROP-OFF SITES

Protect your family against the misuse of all medications by safely disposing of prescription and over-the-counter medications.

Old prescriptions can often be an easy source for those who would like to abuse prescription medications and can pose a danger to pets or children.

Simply bring your unwanted, unused, or expired medication to a safe medication disposal drop-off box.

Search to find a drug disposal site near you: <https://nabp.pharmacy/initiatives/awarxe/drug-disposal-locator/>  
<http://utahtakeback.org/collection.php>

### Acceptable items:

- Prescription medications, ointments, & patches
- OTC medications, ointments, lotions, & liquids
- Pet medications
- Vitamins

### Restricted items:

- Needles, inhalers & thermometers
- Aerosol cans
- Hydrogen Peroxide
- Illegal drugs

### DO NOT flush medications down the toilet.

If there is not a drop-off location near you:

- Mix medications with wet dirt, cat litter, or used coffee grounds.
- Place the mixture in a sealed container or plastic bag.
- Throw the container in your household trash.
- Scratch out all personal information on the prescription label of the empty pill bottles or packaging and dispose of the container.

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## 24 HOUR SHELTERS

### Geraldine E. King Womens Center (women only)

131 East 700 South  
Salt Lake City, UT 84111  
(801) 893-6678

### The Gail Miller Resource Center

242 West Paramount Avenue  
Salt Lake City, UT  
(801) 359-4142

Open 24 hours

<https://www.theroadhome.org/>

### The Road Home Resource Center (Men only)

3380 South 100 West  
Salt Lake City, UT 84119  
801-359-4142

### Midvale Family Resource Center (Families)

529 West 7300 South  
Midvale, UT  
801-569-1201

### Lantern House

269 W 33rd St  
Ogden, UT  
(801) 621-5036  
Open 24 hours

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## FOOD RESOURCES

### Food and Care Coalition

299 E 900 S, Provo, UT, 84062  
Phone: 801-373-1825

Meal times: 8:30 AM-9:30 AM, 12-1 PM, 4:30-5:30 PM

### Tabitha's Way Local Food Pantry North County

920 E State Rd c, American Fork, UT 84003  
(801) 692-1881

### Free school meals (breakfast and/or lunch) during summer

To locate the nearest participating school:

<https://www.fns.usda.gov/summerfoodrocks>

Or text "Summer Meals" to 97779; or call 1-866-348-6479

### Free/reduced school meals during regular school year

Families who receive SNAP or participate in TANF automatically qualify for free school lunch. Others may apply for free or reduced lunch based on income eligibility requirements. Applications can be obtained directly from the child's school.

### LDS Bishop's Storehouse

To locate the nearest storehouse:

<http://www.bishopstorehouse.com/lds-storehouse-locations-for-individuals-in-need-of-assistance/>

### Department of Workforce Services

Food Stamps

Apply online at [jobs.utah.gov/mycase](http://jobs.utah.gov/mycase) or in person at any employment center. A written form can be mailed to you upon request.

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## HOUSING

### Utah County Housing

240 E Center St, Provo, UT 84606  
(801) 373-8333

<http://housinguc.org/> How to apply: Go to: <http://housinguc.org/section-8/>

Complete an application and submit photo identification and Social Security Card for the head of household to get on the waiting list.

### Provo City Housing

688 West 100 North, Provo, Utah 84601  
(801) 900-5676

<http://provohousing.org/>

To apply: <http://provohousing.org/waiting-list/>

Print off application and fill it out, take application to office or mail it, along with a Social Security card.

### Office Hours:

Monday-Thursday from 7:00 am to 6:00 pm

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## RENT/UTILITY PAYMENT

*What do I do if I'm struggling to keep up with my energy and utility bills?*

### Home Energy Assistance Target (HEAT) Program

Assists with gas and electric bills (open from November-April)

Call: 801-229-3855

### Community Action Services and Food Bank

Rental deposit and rent payment assistance

Call: 801-373-8200

### Weatherization Office of Utah County

Helps low-income individuals and families reduce energy costs

Call: 801-344-5184

### United Way 211

Utility bill assistance; financial support for much-needed home repairs

Call: 211

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## ANIMAL CONTROL

*Go through your local police department*

Provo: 801-852-6241

Spanish Fork: 801-804-4700

Pleasant Grove: 801-785-3506

Lindon: 801-785-3442

### Animal Shelters

North Utah Valley: 801-785-3442

South Utah Valley: 801-851-4080

Best Friends Animal Society: 801-574-2454

### What to do if you...

#### Find a stray dog/cat:

1. Think about your and the animal's safety first
2. Capture and contain it with care. If you see a stray dog or cat, try to capture and contain the animal if circumstances permit and are safe.
3. Call the authorities.
4. Check for ID.
5. Get the pet scanned for a microchip.
6. Take pets with no ID to an animal shelter.
7. Post pictures on social media

#### Want to find a new home for your pet:

1. Return them to the breeder, shelter, or rescue group you acquired them from.
2. Place them with a trusted friend or family member.
3. Advertise for someone to adopt them.
4. Take them to a good shelter or rescue.

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## DRUG/SUBSTANCE ABUSE

*If you or a family member are struggling with substance use:*

### **Wasatch Behavioral Health**

Services for those who struggle with substance use and addiction  
801-851-7128

### **Alcoholics Anonymous (AA)**

Supports alcoholics and families to overcome alcoholism  
801-375-8620

[www.aa.org](http://www.aa.org)

### **Narcotics Anonymous (NA)**

Peer support groups for those struggling with overcoming drug addiction  
801-810-4081

[www.nautah.org](http://www.nautah.org)

### **Utah County Health Department**

Youth treatment services, assessments, early intervention, outpatient treatment programs  
801-851-7000

### **County Treatment and Detox**

No insurance, low income  
Foothill Treatment Center  
3281 North Main Street  
Spanish Fork, UT 84660  
801-851-7652

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**If you are at all concerned about the well-being or safety of an individual, contact these resources (better safe than sorry!)**

## **DIVISION OF CHILD AND FAMILY SERVICES**

855-323-3237

[dcfs.utah.gov](http://dcfs.utah.gov)

Utah law requires any person who has reason to believe that a child has been subjected to abuse, neglect, or dependency to immediately notify the nearest DCFS office, a peace officer, or a law enforcement agency.

## **ADULT PROTECTIVE SERVICES**

Online reporting 24hr :

<https://daas.utah.gov/adult-protective-services/>

Call: 1-800-371-7897

Monday-Friday 8AM-5PM

## **WHAT TO REPORT:**

- Physical and Sexual Abuse
- Emotional and Verbal Abuse
- Financial Exploitation
- Caretaker Neglect
- Self-Neglect
- Abuse/Neglect of Seniors and Adults with Disabilities

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## MENTAL HEALTH HELP

### **What to do in an Emergency or Crisis**

If you or your family is in a crisis but are safe call the Utah state crisis line 800-273-8255. If you or a loved one is in immediate danger, call 911 and talk with the police or go to the nearest hospital emergency room for evaluation.

### **National Alliance on Mental Illness (NAMI)**

Improves the lives of those with mental illness and their families

NAMI Utah State Office 801-323-9900

NAMI Helpline 1-800-950-6264

Helpline staff and volunteers are prepared to answer your questions about mental health issues (symptoms, treatment options, support groups and services, etc.)

### **Wasatch Behavioral Health**

[www.wasatch.org](http://www.wasatch.org)

Campus's in American Fork, Provo, Payson and Heber  
801-373-4760

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## GERIATRIC CARE/ ELDERLY SERVICES

### **Elderly Abuse**

- Physical Abuse
- Sexual Abuse
- Financial Exploitation
- Caretaker Neglect

### **What to do...**

1. Contact Adult Protective Services (1-800-371-7897)
2. Victim Assistance Line (801-852-6375)
3. Spanish-Speaking Line (801-852-6244)

### **Mountainland Aging & Family Services Department**

586 E 800 N

Orem, UT 84097

801-229-3804

[www.mountainland.org/aging](http://www.mountainland.org/aging)

### **Meals on Wheels**

Delivers hot meals to homebound senior citizens.  
Call: 801-229-3802

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## Seniors Blue Book

Provides seniors, caregivers, and professionals a comprehensive source of services, senior housing options, resources and information that enrich the lives of seniors.

### How do I get a copy of the Seniors Blue Book in my area?

1. Pick one up at any Smith's Pharmacy
2. Or access the book online here: [https://issuu.com/seniorsbluebook/docs/sbb\\_utah0918](https://issuu.com/seniorsbluebook/docs/sbb_utah0918)
3. Call 800-201-9989 or visit [seniorsbluebook.com](http://seniorsbluebook.com) to ask any questions or to have a resource guide mailed to your home.

## PUBLIC GUARDIAN OFFICE

The Office of Public Guardian provides guardianship services for adults who are unable to make life decisions for themselves due to conditions such as aging-related illness, intellectual disabilities, brain injuries and mental illness.

Call: 801-538-8255

195 N. 1950 W.

Salt Lake City, UT 84116

## VICTIMS RIGHTS

1. To be informed of the available level of protection from intimidation and harm
2. To receive a written notice of shelters, services and resources available in your community
3. To receive restitution or reparations, including medical costs and other losses resulting from crime
4. To receive reasonable employer intercession services to minimize loss of pay and benefits.
5. To receive notice when a person is released following arrest for a domestic violence against you.
6. To receive clerical assistance as to your role in the criminal justice process and to be treated with fairness, respect, and dignity.
7. To have a timely notice of judicial proceedings you are to attend and timely notice of cancellation of any proceedings.
8. To have a sentencing judge who receives and considers reliable information concerning the background, character and conduct of those convicted for the purpose of imposing an appropriate sentence.
9. To have a speedy trial and disposition of charge.
10. To wait in a secure area that does not require you to be in close proximity to defendants or family and friends of the defendants.
11. To have any personal property returned from criminal justice agencies when it is no longer needed for court, law enforcement or prosecution purposes.

## RIGHTS OF CHILDREN

1. To have interviews related to criminal prosecution kept to a minimum.
2. To be questioned in an appropriate manner their age and understanding.
3. To receive protection from physical and/or emotional abuse during their involvement with the criminal justice process.
4. To be informed of available community resources and how to gain access to those resources.

## DOMESTIC VIOLENCE

**If you are currently experiencing domestic violence:**

1. Plan how you could get out of the house quickly if your partner becomes violent.
2. Put together a suitcase and leave it at a friend's house. Include medications, clothing, important papers, car keys, money, and emergency phone numbers.
3. Tell your neighbors and have them call the police if they hear anything.
4. Teach your children about how to stay safe.

**If you are thinking about leaving an abusive partner:**

1. Identify what you will do if the violence starts again.
2. Call the police or work out a signal with the children or neighbors to call for help.
3. Find ways to have dangerous weapons removed from the house.
4. Plan and practice an escape route. Know where you can go and who you can call for help. Keep a list of addresses and phone numbers.

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## VICTIMS ADVOCATES

*Accessed through your local police department*

### Victims Assistant Lines

Provo - 801-852-6375

Spanish Speaking - 801-852-6244

### Crime Victims Reparations Program

To determine if you qualify contact:

801-238-2360 or 800-621-7444

350 E 500 S #200

Salt Lake City, Ut 84111

[www.crimevictim.utah.gov](http://www.crimevictim.utah.gov)

### Program Services

- Assistance throughout the criminal justice system, including court support
- Information on safety issues
- Education on domestic violence & other crimes
- Referrals for long-term counseling
- Information on short-term counseling services and support groups
- Assistance with reparations for medical expenses, loss of wages and restitution
- Assistance with shelter referrals
- Assistance with protective orders
- Information on welfare, food stamps, housing and other social services

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## ...DOMESTIC VIOLENCE CONTINUED

### Treatment

Wasatch Mental Health

Victims or Perpetrator Treatment

750 North 200 West

Provo, UT 84601

801-373-4760

### Center for Women & Children in Crisis

801-377-5500

[www.cwcic.org](http://www.cwcic.org)

- Domestic Violence Shelter
- Support Groups
- Case Management

### Utah County Victim Services

801-851-8026

- Crisis Intervention
- Safety Planning
- Criminal Justice Support
- Advocacy

To be notified of suspects jail release,

Register at [www.vienlink.com](http://www.vienlink.com)

877-844-8463

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## PROTECTIVE ORDERS

**A court can issue a protective order to order another person to:**

1. Not physically hurt or threaten you, your children or anyone else who lives with you
2. Move out of your home
3. Give you temporary custody of the children
4. Stay away from you, your home, your workplace
5. Not contact you in person, by phone, mail, email, etc.

**You can get a protective order if:**

1. Someone has physically hurt you, or threatened to hurt you
2. You have a close relationship with that person - (for example, you are married, you were married, you are living together, you have a child together, you are expecting a child together or you are close relatives.)
3. You are afraid that person may hurt you again

**How to Obtain a protective order**

**Next Page**

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## OBTAINING A PROTECTIVE ORDER

To get a protective order is free. You will need to:

1. Fill out the needed forms available at any courthouse or online at [utcourts.gov/resources/forms/protective-order/](http://utcourts.gov/resources/forms/protective-order/)
2. Turn in the completed forms to the courthouse. Within 24-48 hrs a Judge will sign a temporary order. (called an Ex Parte Protective Order)
3. The Ex Parte Protective Order will be effective after a Sheriff gives a copy to the person the order is against
4. The temporary order lasts for 20 days or until your court hearing
5. The time/date of the court hearing will be written on the Ex-Parte Protective Order. You will need to attend this hearing for the order to extend past 20 days

Call your local police department , victims advocate team or court house for more information regarding

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## JUVENILE COURT

### American Fork

75 E 80 N #201  
American Fork, UT 84003

### Provo

137 N Freedom Blvd  
Provo UT 84601  
801-429-1000

### Spanish Fork

775 W Center Street  
Spanish Fork, UT 84660  
801-804-4780

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## DISTRICT COURT HOUSE

### American Fork

801-756-9654  
75 East 80 North Suite 202  
American Fork, UT 84003-0986

### Provo

801-429-1000  
137 N Freedom Blvd Suite 100  
Provo, UT 84601

### Salem

801-423-2770  
30 West 100 South PO Box 901  
Salem, UT 84653

### Spanish Fork

801-804-4800  
775 West Center  
Spanish Fork, UT 84660

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## JUSTICE COURT

### Alpine /Highland

5400 W Civic Center Dr #4  
Highland UT 84003  
801-772-4525 (Alpine)  
801-756-5751 (Highland)

### Genola/Goshen/Santaquin

275 W. Main  
Santaquin, UT 84655  
801-754-5376

### Lehi

154 N. Center  
Lehi UT 84043  
801-768-7160

### Lindon

100 N. State Street  
Lindon UT 84042  
801-785-1971

### Mapleton

125 W 400 N  
Mapleton UT 84664  
801-489-7445

### Orem

97 E Center  
Orem UT 84057  
801-724-3900

### Payson

439 W Utah Avenue  
Payson UT 84651  
801-465-5210

### Pleasant Grove

70 S 700 E  
Pleasant Grove UT 84062  
801-785-9461

### Provo

75 E 1700 S #100  
Provo UT 84606  
801-852-6878

### Saratoga Springs

367 S. Saratoga Road  
Saratoga Springs UT  
84045  
801-766-9793

### Springville

110 S Main Street  
Springville UT 84663  
801-489-2707

### Utah County Justice Court

151 S University Ave  
#3300  
Provo UT 84601  
801-851-7200

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## HOARDING

### Helping someone who hoards...

1. Provide a supportive environment that encourages your loved one to seek help and make recovery possible
2. Don't take their possessions
3. Don't enable the behavior
4. Educate yourself
5. Recognize small victories
6. Help them sort their belongings
7. Don't clean up for them
8. Help your loved one find treatment

### Local professional help \*not all inclusive\*

<https://www.utahhoarding.com/>

<https://bestcrimescenecleanuputah.com/>

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## DISABILITY SERVICES

### Utah Division of Services for People with Disabilities (DSPD)

Provides long-term support and services for people with disabilities so they can participate fully in their communities.

801-538-4200

[dspd.utah.gov](http://dspd.utah.gov)

Apply online

### Utah Developmental Center

Provides an array of resources and supports for people with disabilities with complex or acute needs in Utah.

801-538-4171

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## EMPLOYMENT SERVICES

### Department of Workforce Services

Provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC, and food stamps.

Lehi 801-753-4500

Provo 801-342-2600

Spanish Fork 801-794-6600

### LDS Employment Center

Assists with job referral, training, and rehabilitative placement.

801-818-6161

### Vocational Rehabilitation

Utah State Division of Rehabilitation Services

Provides employment and other training and adjustment programs to help meet the needs of Utahns with disabilities.

### Provo

801-806-0950

150 East Center Street Ste 3300

### Payson

801-465-8384

910 East 100 North Ste 215

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## LEGAL SERVICES ASSISTANCE

### Community Legal Clinic

The Community Legal Clinic provides free legal services to those in need. Second and third year law students under the direction of Professor Carl Hernandez represent clients in matters including immigration, contracts, housing, and other matters. Citizenship and other community classes are also taught at the clinic.

Located at:

Deseret Industries, 2nd floor

1415 N. State St.

Provo, UT 84604

Thursdays from 5pm-7pm (Closed holidays)

Assistance available in English & Spanish

Email: [communitylegalclinic@law.byu.edu](mailto:communitylegalclinic@law.byu.edu)

Phone: 801-297-7049

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## **Timpanogos Legal Center**

The TLC is a free legal center that operates the Family Justice Center Walk-in Clinic ("FJC"). Law students work with the FJC, which is a free clinic for people with divorce, custody, or family law related issues. Advice on immigration and housing is also available. On the first Tuesday of each month an attorney is available to advise senior citizens on legal issues common to the elderly.

Clients can also access services and information from community partners including: Community Action, the Division of Child and Family Services, Victim Advocates, Department of Workforce Services, Centro Hispano, Housing, Timpanogos Legal Center, and other agencies.

Health & Justice Building, 1st Floor

151 S. University Ave.

Provo, UT 84601

Tuesdays from 5-8:00pm

(Closed holidays and the week between Christmas and New Year's Day)

Email: [timplegal@gmail.com](mailto:timplegal@gmail.com)

Website: [www.timplegal.com](http://www.timplegal.com)

## **SPANISH RESOURCES**

### **Centro Hispano**

Provides therapy groups and services for Spanish-speaking individuals

801-655-0258