



Note: Utah State Law (Section 59-2-103-5) requires a property owner to declare the proper classification of their property whenever a deed records to obtain a primary residential tax exemption. Similar filings are also necessary to maintain or receive greenbelt property tax exemptions. Please consult the applicable County Assessor's Office to determine whether this exemption applies to this transaction.

- ☐ Verify the wiring instructions provided by the title company and confirm them directly with your bank or a trusted contact to prevent wire fraud.
- ☐ If applicable, complete the water right or water share transfer after closing with the state or with the irrigation company and ensuring that all necessary documentation and fees are properly submitted.
- ☐ File for a primary residence exemption with the county assessor to potentially qualify for property tax savings.
- ☐ Sign up for "Property Watch" from your county recorder (if available)
- ☐ Arrange for payment of HOA/Association dues and ensure that you are aware of the payment schedule and any specific requirements.
- ☐ Coordinate with the seller to transfer the utilities into your name and set up any desired automatic payments or billing preferences.
- ☐ Arrange for the changing of locks either through a locksmith or your home warranty company.
- ☐ Identify the garbage and recycling pick-up days in your new neighborhood to properly dispose of waste and recycling materials.
- ☐ Set up or transfer TV/internet services and gym memberships according to your preferences and needs.
- ☐ Familiarize yourself with the location of shut-off valves for water and gas in case of emergency situations.
- ☐ Forward your mail using the United States Postal Service (USPS) online forwarding service.
- ☐ Take pictures of receipts for any deductible expenses related to the purchase of the property or potential reimbursements.
- ☐ Prepare for moving day by fully charging your cell phones, having essentials like paper towels, bathroom tissue, and plastic cups/utensils readily available. Also, keep some cash on hand for unexpected expenses.
- ☐ Inform your insurance agent about your new home and ensure that your homeowner's insurance policy is active and covers the correct property.
- ☐ Consider creating a home maintenance checklist to keep track of regular tasks such as changing air filters, servicing HVAC systems, or scheduling lawn care.
- ☐ Research local service providers, such as plumbers, electricians, and landscapers, and keep their contact information handy for any future needs or emergencies.
- ☐ Familiarize yourself with any homeowner association (HOA) rules, regulations, and restrictions, and ensure compliance with their guidelines.
- ☐ Take the time to explore your new neighborhood and introduce yourself to neighbors, making connections and getting to know the community.

Several companies & service providers may require notice of your new address.

- ☐ Auto, life, & health insurance companies. (Ensure your policies reflect the correct information and coverage).
- ☐ HR department at your workplace for payroll and benefits purposes.
- ☐ Transfer your prescriptions to a new pharmacy and notify your healthcare providers, including doctors, dentists, & other specialists.
- ☐ Banks, credit unions and credit card companies, especially those that mail monthly statements.
- ☐ Subscription services, such as streaming platforms, online shopping accounts, or meal delivery.
- ☐ Any professional associations or fraternal organizations you are a member of.
- ☐ Driver's license & other state/professional licenses and permits. Remember other government agencies, such as the Department of Motor Vehicles (DMV), Medicare, Medicaid, and the Social Security Administration.
- ☐ Schools, educational institutions, and student financial aid lenders.
- ☐ Magazine & newspaper subscriptions.



Primary Residence Status – Property Taxes

Notice: Utah law requires a property owner to declare the proper classification of their property whenever a deed records to obtain a primary residential tax exemption. Similar filings are also necessary to maintain or receive greenbelt property tax exemptions. Consult the county assessor's office to determine whether this exemption applies to this transaction.

Utah County Assessor - <http://www.utahcounty.gov/Dept/Assess/index.asp>
100 E Center St, Provo, UT 84606, Phone (801) 851-8295

Property Watch Service

Property Watch is a service available in your county. This service allows residents to stay in the loop about any recorded changes affecting their property. Once you enroll, you'll receive email notifications whenever a document is recorded that impacts your property's status.

<https://property-watch.utahcounty.gov/>

Alpine

www.alpinecity.org

20 North Main
Alpine, Utah 84004
Phone (801) 756-6347

American Fork

www.afcity.org

51 East Main Street
American Fork, Utah 84003
Phone: (801) 763-3000

Cedar Fort

www.townofcedarfort.com

50 East Center Street
Cedar Fort, UT 84013
Phone: (801) 768-2147

Cedar Hills

www.cedarhills.com

10246 North Canyon Road
Cedar Hills, Utah 84062
Phone: (801) 875-9668

Draper

<http://www.draper.ut.us/>

1020 E. Pioneer Road
Draper, UT 84020
Phone: (801) 576-6500

Eagle Mountain

www.emcity.org

1650 East Stagecoach Run
Eagle Mountain, Utah 84005
Phone: (801) 789-6600

Elk Ridge

www.elkridgecity.org

80 East Park Drive
Elk Ridge, Utah 84651
Phone: (801) 423-2300

Herriman

<http://www.herriman.org/>

13011 South Pioneer Str.
Herriman, UT 84096
Phone: 801-446-5323

Highland City

www.highlandcity.org

5400 W Civil Center Dr. STE 1
Highland, Utah 84003
Phone: (801) 756-5751

Lehi

www.lehi-ut.gov

153 North 100 East
Lehi, Utah 84043
Phone: (801) 768-7100

Lindon

www.lindoncity.com

100 North State Street
Lindon, Utah 84042
Phone: (801) 785-5043

Mapleton

www.mapleton.org

125 West Community Way
Mapleton, Utah 84664
Phone: (801) 489-5655

Orem

www.orem.org

56 North State Street
Orem, Utah 84057
Phone: (801) 229-7000

Payson

www.paysonutah.org

439 West Utah Avenue
Payson, Utah 84651
Phone: (801) 465-5200

Pleasant Grove

www.plgrove.org

70 South 100 East
Pleasant Grove, Utah 84062
Phone: (801) 785-5045

Provo

www.provo.org

351 West Center Street
Provo, Utah 84601
Phone: (801) 852-6000

Salem

www.salemcity.org

30 West 100 South
Salem, Utah 84653
Phone: (801) 423-2770

Santaquin

www.santaquin.org

275 West Main Street
Santaquin, Utah 84655
Phone: (801) 754-3211

Saratoga Springs

www.saratogaspringscity.com

1307 N. Commerce Dr. #200
Saratoga Springs, Utah 84045
Phone: (801) 766-9793

Spanish Fork

www.spanishfork.org

40 South Main Street
Spanish Fork, Utah 84660
Phone: (801) 804-4500

Springville

www.springville.org

110 South Main Street
Springville, Utah 84663
Phone: (801) 489-2700

Vineyard

www.vineyard.utah.gov

220 East Gammon Road
Vineyard, Utah 84058
Phone: (801) 226-1929

Woodland Hills

www.woodlandhillsutah.org

690 South Woodland Hills Dr.
Woodland Hills, Utah 84653
Phone: (801) 423-1962

Internet/Phone/TV

CenturyLink®

www.centurylink.com/home/moving/

Phone: (866) 642-0444

Comcast®

www.customer.comcast.com/contact-us/

Phone: (800) 934-6489

Dish Network®

www.dish.com/support/

Phone: (888) 656-2461

Direct TV

https://support.directv.com/app/contact_us

Phone: (855) 838-4388

Rocky Mountain Power

<https://www.rockymountainpower.net>

Phone: (888) 221-7070

Dominion Energy

<https://www.dominionenergy.com/>

Phone: (800) 323-5517

Blue Stakes

www.bluestakes.org

Phone: (801) 622-4111

Poison Control

www.uuhsc.utah.edu/poison

Phone: (800) 222-1222

Utah County Post Office Locations

Orem Post Office

Phone: 801-227-0662
220 West Center Street
Orem, Utah 84057

Provo Post Office

Phone: 801-818-9692
95 West 100 South
Provo, Utah 84601

Pleasant Grove Post Office

Phone: 801-785-5589
180 South 100 West
Pleasant Grove, Utah 84062

Spanish Fork Post Office

Phone: 801-794-1197
165 East 900 North
Spanish Fork, Utah 84660

Santaquin Post Office

Phone: 801-754-3827
20 West Main Street
Santaquin, Utah 84655

Mountain Shadows Post Office

Phone: 801-802-7141
877 East 1200 South
Orem, Utah 84097

Springville Post Office

Phone: 801-491-3656
75 East Center Street
Springville, Utah 84663
Provo, Utah 84606

Payson Post Office

Phone: 801-465-0564
955 East 100 North
Payson, Utah 84651

American Fork Post Office

Phone: 801-492-7731
55 North Merchant Street
American Fork, Utah 84003

Lehi Post Office

Phone: 801-766-1562
333 East Main Street
Lehi, Utah 84043

Goshen Post Office

Phone: 801-667-9945
80 South Center St
Goshen, Utah 84663

Salem Post Office

Phone: 801-423-7894
134 East 200 North
Salem, Utah 84653

East Bay Post Office

Phone: 801-374-3343
936 South 250 East
Provo, Utah 84606

Utah County Hospitals

Timpanogos Regional Hospital

Phone: 801-714-6000
750 West 800 North
Orem, Utah 84057

Utah Valley Regional Medical Center

Phone: 801-357-7850
1034 North 500 West
Provo, Utah 84604

Mountain View Hospital

Phone: 801-465-7000
1000 East 100 North
Payson, Utah 84651

Orem Community Hospital

Phone: 801-224-4080
331 North 400 West
Orem, Utah 84057

School Districts

Alpine School District

www.alpineschools.org
Phone: (801) 610-8400

Provo School District

www.provo.edu
Phone: (801) 374-4800

Nebo School District

www.nebo.edu
Phone: (801) 354-7400

Utah County Government

Animal Control- 801-851-4000

3075 North Main Street, Spanish Fork, Utah 84660

Assessor- 801-851-8244

100 East Center Street, Provo, Utah 84606
Real Property - Rm 1100
Personal Property – 1105

Clerk/Auditor- 801-851-8109

100 E. Center Street Room 3600, Provo, Utah 84606

Community Development 801-851-8343

51 South University Avenue, Suite 117 and Suite 120
Provo, Utah 84601

Health: Administration/Vital Records- 801-851-7000

151 South University Avenue, Provo, Utah 84601

Health: Mosquito Abatement-801-851-7637

2855 South State Street, Provo, Utah 84606

Health: Substance Abuse- 801-851-7127

151 S. University Ave Ste 3200, Provo, Utah 84601

Health: Women, Infant, & Children- 801-851-7300

151 S. University Ave Ste 2100, Provo, Utah 84601

Justice Court- 801-851-7200

151 S. University Ave Ste 3300, Provo, Utah 84601

Public Works- 801-851-8600

2855 South State Street, Provo, Utah 84606

Recorder- 801-851-8179

100 East Center St Ste 1300, Provo, Utah 84606

Sheriff- 801-851-4000

3075 North Main, Spanish Fork, Utah 84660

Surveyor- 801-851-8669

2855 South State Street, Provo, Utah 84606

Treasurer- 801-851-8254

100 East Center St Ste 1200, Provo, Utah 84606-3159

Utah County Fair- 801-851-8136

Spanish Fork Fairgrounds

Utah County Fire- 801-851-4141



Backman Title Services
www.backmantitle.com

Corporate

(801) 288-8818

Bountiful

(801) 295-7676

Layton

(801) 774-8818

Ogden

(801) 475-6100

Midvale

(801) 263-1500

Lehi

(385) 336-8390

Provo

(801) 224-9020

St. George

(435) 688-8808



Residential Property Declaration

[UCA §59-2-103.5(8)]

This form must be returned to the County Assessor's office within 30 days of mailing. Failure to do so will result in withdrawal of the primary residential exemption from your residential property.

PT-19B 05/18/19

Residential Property Owner Information

Property owner(s) name(s):	Home phone:	Work phone:
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Mailing address:

City:	County:	State:	Zip:
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Residential Property Information

Parcel or serial number:

Physical address:

City:	County:	State:	Zip:
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Certification

☐ Yes ☐ No Is this property occupied by the owner or by another person for more than 183 consecutive calendar days as their primary residence?
(a part year residential property occupied for 183 or more consecutive calendar days in a calendar year by the owner(s) or a tenant is eligible for the exemption)

If a property owner or a property owner's spouse claims a residential exemption under Utah Code Ann. § 59-2-103 for property in this state that is the primary residence of the property owner or the property owner's spouse, that claim of a residential exemption creates a rebuttable presumption that the property owner and the property owner's spouse have domicile in Utah for income tax purposes. The rebuttable presumption of domicile does not apply if the residential property is the primary residence of a tenant of the property owner or the property owner's spouse.

Signature(s) *(This form must be signed by all owners of the property)*

Under penalties of perjury, I declare to the best of my knowledge and belief, this declaration and accompanying pages are true, correct and complete. Electronic Signature Agreement: By typing your signature below you are signing this document electronically. You agree your electronic signature is the legal equivalent of your manual signature on this document.

First owner name	First owner signature	Date (mm/dd/yyyy)
Second owner name	Second owner signature	Date (mm/dd/yyyy)



Are Title Thieves Really Stealing Utah Homes?



QR for KSL-TV
Story

If you've come across those infomercials touting services that promise to protect homeowners from fraudulent title theft, you might be wondering about the actual likelihood of such an event occurring. Rest assured, while title fraud is indeed a possibility, it's an exceptionally rare and unlikely occurrence.

In fact, earlier this year, several reputable local media outlets delved into the subject, seeking insights from experts. A notable example is KSL-TV's Matt Gephardt and Sloan Schrage, who explored the truth behind claims of title thieves in this eye-opening piece:

www.ksl.com/article/50334898/ads-claim-title-thieves-can-steal-your-home-but-can-you-really-lose-your-house

Benefits of Title Insurance – Built in coverage for marketable title, fraud & forgery

While the news coverage shed light on this issue, it's worth noting that numerous homeowners are already safeguarded by their title insurance policies, often acquired at the time of property purchase. An Owner's policy encompasses protection against unmarketable titles, and many policies obtained since 2008 have extended coverage that includes safeguarding against post-policy forgery, fraud, and title-related complications. The specifics of coverage can vary, and deductibles might apply depending on the policy type. Remarkably, many policyholders could potentially have coverage that reaches up to 150% of their property's original purchase price.

Property Watch - Free service in some counties

For homeowners seeking a proactive approach to staying informed about their property's status, the Property Watch service is a remarkable resource available in select Utah counties. This service allows residents to stay in the loop about any recorded changes affecting their property. Once you enroll, you'll receive email notifications whenever a document is recorded that impacts your property's status. Currently, this service is available in the following Utah counties:

Washington: <https://www.washco.utah.gov/2021/11/04/sign-up-for-property-watch/>

Salt Lake: <https://slco.org/data-services/PropertyWatch/PropertyWatch.aspx>

Uintah: <https://co.uintah.ut.us:8443/ords/ucdev/r/property-watch-signup/home>

Weber: https://www.webercountyutah.gov/forms/property_watch/

Cache: <https://www.cachecounty.org/recorder/propertywatch/faq.html>

Utah: <https://property-watch.utahcounty.gov/>

Daggett: <https://www.daggettcountry.org/CivicAlerts.aspx?AID=1324>

While the fear of title theft might be a headline-grabbing concern, the reality is that this type of fraud is an anomaly rather than the norm. Existing title insurance policies offer significant protection for homeowners, and the Property Watch service provides a valuable tool for staying informed about changes to your property.

Corporate Fraud Watch

The Utah Division of Corporations and Commercial Code provides a service to assist businesses in monitoring and receiving notifications regarding changes to their corporate information. These changes may be indicative of identity theft or fraudulent activities. The State promptly sends an email within 24 hours of any modification to a Business Address, Registered Agent, or Registered Principal. The cost for this service is \$3.00 per year.

<https://secure.utah.gov/fraudalert/>

Corporate

(801) 288-8818

Bountiful

(801) 295-7676

Layton

(801) 774-8818

Ogden

(801) 475-6100

Midvale

(801) 263-1500

Lehi

(385) 336-8390

Provo

(801) 224-9020

St. George

(435) 688-8808

Utah County Resource Guide



The following information is meant to be a resource guide only and is subject to change.

Treatment of an adult must be voluntary or, under extreme situations, court ordered.

Find all resource info at
211utah.org

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Provo, Spanish Fork, Lindon, Mapleton, Goshen, Genola, Spring Lake, Palmyra, Orem, Springville, Saratoga Springs, Highland, Elk Ridge, Cedar Fort, West Mountain, Lehi, Pleasant Grove, Eagle Mountain, Salem, Woodland Hills, Elberta, Fairfield, American Fork, Payson, Alpine, Cedar Hills, Vineyard, Lake Shore, Benjamin

MEDICAL ASSISTANCE

Utah County Health Department

801-851-7000

- Birth/death certificates, nursing & infectious disease, emergency preparedness, environmental health, health promotion, mosquito abatement, senior services, WIC (women, infants and children).

Health Clinics of Utah

801-374-7011

- Primary health care facility.
- Accepts Medicaid, Medicare, CHIP, PCN, uninsured.
- Mountainlands Family Health Center 801-429-2000
- Primary health care, immunizations.
- Accepts Medicaid, Medicare, Uninsured.

Volunteer Care Clinic

801-812-8094

- Free basic health care services for low income and uninsured residents of Utah County.

Gappmeyer Clinic

801-357-7930

- Primary health care facility
- Accepts Medicaid, Medicare, Uninsured

Mountainlands Family Health Center

801-429-2000

- Primary health care facility, immunizations
- Accepts Medicaid, Medicare, Uninsured

Utah Health Policy Project

801-433-2299

- Health consumers enroll public and private insurance
- Educate on how to make the best use of benefits

PRESCRIPTION HELP

RXHope rxhope.com

Information and free or low cost prescriptions through health care professionals.

FamilyWize

Free prescription drug discount card.

Phone: 800-222-2818

NeedyMeds

Assistance for those unable to afford their medications and health care costs.

Phone: 800-503-6897

Mountainlands

Federal 340b program allows medication at a deeply discounted price.

Provo Family Pharmacy

589 S. State Street

Provo, UT 84606

Phone: 801-429-2020

West Park Family Pharmacy

750 N. 200 W. Ste. 201

Provo, UT 84601

Phone: 801-429-2035

<https://www.mountainlands.org/pharmacy>

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MEDICAL INSURANCE

MEDICAID

1. Go to: <https://jobs.utah.gov/mycase/>
2. Have this information ready:
 - Name, Date of Birth, and Social Security Number (SSN).
 - Information about work and types of income received on a regular basis.
 - Information about any bank accounts, vehicles, or property.
 - Information about any expenses for housing, child care, medical bills, or child support.
3. Submit application and wait for approval

MEDICARE

You can enroll in Medicare Part A and/or Medicare Part B in the following ways:

- Online at www.SocialSecurity.gov.
- By calling Social Security at 1-800-772-1213 (TTY) users 1-800-325-0778), Monday through Friday, from 7AM to 7PM.
- In-person at your local Social Security Office.
- <https://www.medicare.gov/>

Children's Health Insurance Program (CHIP)

CHIP provides health coverage to eligible children through both Medicaid and separate CHIP programs. CHIP is administered by the state according to federal requirements. The program is jointly funded by both the state and the federal government.

- PO Box 143107, SLC, UT, 84114-3107
- Toll-free at 1-877-KIDS-NOW
- Email: chip@utah.gov

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POLICE DEPARTMENT PHONE #'S

Lone Peak (Alpine/Highland): 801-756-9800

American Fork (AF/Cedar Hills): 801-763-3020

Eagle Mountain : 801-789-6701

Lehi : 385-201-1005

Lindon: 801-769-8600

Mapleton: 801-489-9668

Orem : 801-229-7070

Payson: 801-465-5240

Pleasant Grove : 801-785-3506

Provo : 801-852-6210

Salem : 801-423-2770

Saratoga Springs: 801-766-6503

Santaquin (Santaquin/Genola): 801-754-1070

Spanish Fork: 801-804-4700

Springville : 801-489-9421

Utah County Sheriff: 801-851-4000

Highway Patrol: 801-234-8285

If it's an emergency call 911!

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DEATH, TRAUMA, AND CRIME SCENE CLEAN-UP

If you have a death or trauma scene that needs to be cleaned up:

- Wait for the police to clear the scene.
- Do not clean it up yourself, have a professional do it safely and correctly.
- This can be difficult to see and deal with; have a support person close the door or put a sheet up until the professional cleaners arrive.
- Find another place to stay for the night or until the cleaning has been completed.

Utah Crime Scene Cleanup

<https://crimecleaners.com/utah-crime-scene-cleanup.php>

State wide: 888-577-7206

Bio and Trauma Scene Cleanup

<https://bestcrimescenecleanuputah.com/>
(801) 331-6610

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DEATH OF A LOVED ONE

If you find your loved one deceased, you should obtain a legal pronouncement of death.

If no physician is present, you'll need to contact someone to do this:

- If the person dies at home under hospice care, call the hospice nurse who can declare the death and help facilitate the transport of the body.
- If the person dies at home without hospice care, call 911, and have in hand a do-not-resuscitate document if it exists. Without one, paramedics will generally start emergency procedures and, except where permitted to pronounce death, take the person to an emergency room for a doctor to make the declaration.
- If the paramedics determine an emergency room is not necessary police will work with the medical examiners office to determine need for an autopsy.
- If your loved one has to go with the medical examiner's office, you will work with them directly until your loved one can be released.

Arrange for transportation of the body.

If no autopsy is needed, the body can be picked up by a mortuary or crematorium of your choice. If the body needs to be autopsied, the hospital or doctor will notify you. You will work with the medical examiner's office until your loved one can be released.

Utah Office of the Medical Examiner
4451 South 2700 West Taylorsville,
UT 84129-8600
Phone: (801) 816-3850
<https://ome.utah.gov/>

- Contact Medical Examiner to answer specific questions involving your situation.

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SUICIDE RESOURCES

Hotlines:

Utah State-Wide Crisis Line: 1-800-273-8255

TEXT:

HOPELINE to 741741 for immediate help.
Download the free Safe UT App



VIRTUAL SAFETY
PLAN TOOL



Websites:

www.crisisline.uc.org
www.centerforsuicideawareness.org
www.suicidepreventionlifeline.org

What to do if you or someone you know is suicidal:

1. Find out if the person is in danger of harming themselves or acting on suicidal feelings.
2. Look for warning signs (statements about suicide, buying weapons/stocking up on pills, withdrawing socially, extreme mood swings, increasing use of substances, risky or self-destructive behaviors, giving away belongings, saying goodbye to people, change of normal routines)
3. Encourage the person to reach out to a suicide hotline/web-site/texting service.
4. If you are concerned about them or their safety, call 911, or go to the emergency room and get professional help.
5. If someone has attempted suicide: Call 911 immediately.

FUNERAL HOMES

Lehi

Wing Mortuary
801-768-9514

American Fork

Anderson & Sons
801-752-3564
Warenski Funeral Home
801-763-5000

Highland

Anderson & Sons Lone Peak
Chapel 801-756-4101

Pleasant Grove

Olpin Family Mortuary
801-785-3503

London

Utah Valley Mortuary
801-796-3503

Orem

Berg Mortuary
801-225-2131
Premier Funeral Services
801-960-9150
Walker Sanderson Funeral
Home 801-226-3500
Sundberg-Olpin Mortuary
801-225-1530
Nelson Family Mortuary
801-405-7444

Provo

Berg Mortuary 801-373-1841
Walker Sanderson Funeral
Home 801-373-6668

Springville

Berg Mortuary
801-489-4233
Spring Creek Utah County
Mortuary 385-325-3131
Wheeler Mortuary
801-489-6021

Spanish Fork

Walker Mortuary
801-798-2169
Legacy Funerals & Cremations
801-300-7992

Payson

Walker Mortuary
801-465-3846
Santaquin Brown Family
Mortuary 801-754-3692

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CHILD AND ADOLESCENT CRISIS CARE

Vantage Point

Short-term facility for youth (ages 10-17) who have run away, have conflict at home, are homeless, or at high-risk.

801-373-2215

1189 E 300 N, Provo, UT

Family Support and Treatment Center Crisis Respite Nursery

24/7 service for children under 12 years old whose families need extra support during stressful situations.
Call: 801-229-1181 to schedule an appointment.

1255 N 1200 West, Orem, UT

WHAT DO I DO IF MY CHILD OR TEENAGER IS IN CRISIS?

1. Preventative safety measures include: locking up guns, knives, and other sharp objects; using child safety locks on car doors; removing furniture and heavy objects from the child's room; and locking up all medications and other substances.
2. De-escalate the crisis by keeping your voice calm, listening to your child, moving slowly, and giving them space. Do not leave them alone if they are at immediate risk.
3. Remember safety first! When your own safety is in question, back up or get out!
4. If your child is not in immediate danger, you could call a psychiatrist, nurse, case manager, or therapist that knows your child well.
5. If your child poses an immediate risk of danger to themselves or others, call emergency crisis services through Wasatch Behavioral Health at 801-373-7393 or call 911 for law enforcement support.
6. If the situation cannot be resolved, or it is recommended by the crisis team or law enforcement officer, taking your child to the emergency department (ED) may be the best option. Keep in mind, that this does not guarantee admission.

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HOMELESS SERVICES

Food and Care Coalition

299 E 900 S
Provo, UT 84062
801-373-1825

Visit <https://foodandcare.org> or call the phone number provided for details. Serves the homeless community of Utah County by providing resources for food, showers, laundry, hygiene, and other basic necessities.

Community Action

815 S Freedom Blvd # 100
Provo, UT, 84601
(801) 373-8200

A nonprofit agency that offers a range of services for low-income individuals and families.

24 Hr Shelters

24 HOUR SHELTERS >>> NEXT PAGE

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MEDICATION DROP-OFF SITES

Protect your family against the misuse of all medications by safely disposing of prescription and over-the-counter medications.

Old prescriptions can often be an easy source for those who would like to abuse prescription medications and can pose a danger to pets or children.

Simply bring your unwanted, unused, or expired medication to a safe medication disposal drop-off box.

Search to find a drug disposal site near you: <https://nabp.pharmacy/initiatives/awarxe/drug-disposal-locator/>
<http://utahtakeback.org/collection.php>

Acceptable items:

- Prescription medications, ointments, & patches
- OTC medications, ointments, lotions, & liquids
- Pet medications
- Vitamins

Restricted items:

- Needles, inhalers & thermometers
- Aerosol cans
- Hydrogen Peroxide
- Illegal drugs

DO NOT flush medications down the toilet.

If there is not a drop-off location near you:

- Mix medications with wet dirt, cat litter, or used coffee grounds.
- Place the mixture in a sealed container or plastic bag.
- Throw the container in your household trash.
- Scratch out all personal information on the prescription label of the empty pill bottles or packaging and dispose of the container.

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24 HOUR SHELTERS

Geraldine E. King Womens Center (women only)

131 East 700 South
Salt Lake City, UT 84111
(801) 893-6678

The Gail Miller Resource Center

242 West Paramount Avenue
Salt Lake City, UT
(801) 359-4142

Open 24 hours

<https://www.theroadhome.org/>

The Road Home Resource Center (Men only)

3380 South 100 West
Salt Lake City, UT 84119
801-359-4142

Midvale Family Resource Center (Families)

529 West 7300 South
Midvale, UT
801-569-1201

Lantern House

269 W 33rd St
Ogden, UT
(801) 621-5036
Open 24 hours

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FOOD RESOURCES

Food and Care Coalition

299 E 900 S, Provo, UT, 84062
Phone: 801-373-1825

Meal times: 8:30 AM-9:30 AM, 12-1 PM, 4:30-5:30 PM

Tabitha's Way Local Food Pantry North County

920 E State Rd c, American Fork, UT 84003
(801) 692-1881

Free school meals (breakfast and/or lunch) during summer

To locate the nearest participating school:

<https://www.fns.usda.gov/summerfoodrocks>

Or text "Summer Meals" to 97779; or call 1-866-348-6479

Free/reduced school meals during regular school year

Families who receive SNAP or participate in TANF automatically qualify for free school lunch. Others may apply for free or reduced lunch based on income eligibility requirements. Applications can be obtained directly from the child's school.

LDS Bishop's Storehouse

To locate the nearest storehouse:

<http://www.bishopstorehouse.com/lds-storehouse-locations-for-individuals-in-need-of-assistance/>

Department of Workforce Services

Food Stamps

Apply online at jobs.utah.gov/mycase or in person at any employment center. A written form can be mailed to you upon request.

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HOUSING

Utah County Housing

240 E Center St, Provo, UT 84606
(801) 373-8333

<http://housinguc.org/> How to apply: Go to: <http://housinguc.org/section-8/>

Complete an application and submit photo identification and Social Security Card for the head of household to get on the waiting list.

Provo City Housing

688 West 100 North, Provo, Utah 84601
(801) 900-5676

<http://provohousing.org/>

To apply: <http://provohousing.org/waiting-list/>

Print off application and fill it out, take application to office or mail it, along with a Social Security card.

Office Hours:

Monday-Thursday from 7:00 am to 6:00 pm

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RENT/UTILITY PAYMENT

What do I do if I'm struggling to keep up with my energy and utility bills?

Home Energy Assistance Target (HEAT) Program

Assists with gas and electric bills (open from November-April)

Call: 801-229-3855

Community Action Services and Food Bank

Rental deposit and rent payment assistance

Call: 801-373-8200

Weatherization Office of Utah County

Helps low-income individuals and families reduce energy costs

Call: 801-344-5184

United Way 211

Utility bill assistance; financial support for much-needed home repairs

Call: 211

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ANIMAL CONTROL

Go through your local police department

Provo: 801-852-6241

Spanish Fork: 801-804-4700

Pleasant Grove: 801-785-3506

Lindon: 801-785-3442

Animal Shelters

North Utah Valley: 801-785-3442

South Utah Valley: 801-851-4080

Best Friends Animal Society: 801-574-2454

What to do if you...

Find a stray dog/cat:

1. Think about your and the animal's safety first
2. Capture and contain it with care. If you see a stray dog or cat, try to capture and contain the animal if circumstances permit and are safe.
3. Call the authorities.
4. Check for ID.
5. Get the pet scanned for a microchip.
6. Take pets with no ID to an animal shelter.
7. Post pictures on social media

Want to find a new home for your pet:

1. Return them to the breeder, shelter, or rescue group you acquired them from.
2. Place them with a trusted friend or family member.
3. Advertise for someone to adopt them.
4. Take them to a good shelter or rescue.

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DRUG/SUBSTANCE ABUSE

If you or a family member are struggling with substance use:

Wasatch Behavioral Health

Services for those who struggle with substance use and addiction
801-851-7128

Alcoholics Anonymous (AA)

Supports alcoholics and families to overcome alcoholism
801-375-8620

www.aa.org

Narcotics Anonymous (NA)

Peer support groups for those struggling with overcoming drug addiction
801-810-4081

www.nautah.org

Utah County Health Department

Youth treatment services, assessments, early intervention, outpatient treatment programs
801-851-7000

County Treatment and Detox

No insurance, low income
Foothill Treatment Center
3281 North Main Street
Spanish Fork, UT 84660
801-851-7652

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If you are at all concerned about the well-being or safety of an individual, contact these resources (better safe than sorry!)

DIVISION OF CHILD AND FAMILY SERVICES

855-323-3237

dcfs.utah.gov

Utah law requires any person who has reason to believe that a child has been subjected to abuse, neglect, or dependency to immediately notify the nearest DCFS office, a peace officer, or a law enforcement agency.

ADULT PROTECTIVE SERVICES

Online reporting 24hr :

<https://daas.utah.gov/adult-protective-services/>

Call: 1-800-371-7897

Monday-Friday 8AM-5PM

WHAT TO REPORT:

- Physical and Sexual Abuse
- Emotional and Verbal Abuse
- Financial Exploitation
- Caretaker Neglect
- Self-Neglect
- Abuse/Neglect of Seniors and Adults with Disabilities

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MENTAL HEALTH HELP

What to do in an Emergency or Crisis

If you or your family is in a crisis but are safe call the Utah state crisis line 800-273-8255. If you or a loved one is in immediate danger, call 911 and talk with the police or go to the nearest hospital emergency room for evaluation.

National Alliance on Mental Illness (NAMI)

Improves the lives of those with mental illness and their families

NAMI Utah State Office 801-323-9900

NAMI Helpline 1-800-950-6264

Helpline staff and volunteers are prepared to answer your questions about mental health issues (symptoms, treatment options, support groups and services, etc.)

Wasatch Behavioral Health

www.wasatch.org

Campus's in American Fork, Provo, Payson and Heber
801-373-4760

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GERIATRIC CARE/ ELDERLY SERVICES

Elderly Abuse

- Physical Abuse
- Sexual Abuse
- Financial Exploitation
- Caretaker Neglect

What to do...

1. Contact Adult Protective Services (1-800-371-7897)
2. Victim Assistance Line (801-852-6375)
3. Spanish-Speaking Line (801-852-6244)

Mountainland Aging & Family Services Department

586 E 800 N

Orem, UT 84097

801-229-3804

www.mountainland.org/aging

Meals on Wheels

Delivers hot meals to homebound senior citizens.
Call: 801-229-3802

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Seniors Blue Book

Provides seniors, caregivers, and professionals a comprehensive source of services, senior housing options, resources and information that enrich the lives of seniors.

How do I get a copy of the Seniors Blue Book in my area?

1. Pick one up at any Smith's Pharmacy
2. Or access the book online here: https://issuu.com/seniorsbluebook/docs/sbb_utah0918
3. Call 800-201-9989 or visit seniorsbluebook.com to ask any questions or to have a resource guide mailed to your home.

PUBLIC GUARDIAN OFFICE

The Office of Public Guardian provides guardianship services for adults who are unable to make life decisions for themselves due to conditions such as aging-related illness, intellectual disabilities, brain injuries and mental illness.

Call: 801-538-8255

195 N. 1950 W.

Salt Lake City, UT 84116

VICTIMS RIGHTS

1. To be informed of the available level of protection from intimidation and harm
2. To receive a written notice of shelters, services and resources available in your community
3. To receive restitution or reparations, including medical costs and other losses resulting from crime
4. To receive reasonable employer intercession services to minimize loss of pay and benefits.
5. To receive notice when a person is released following arrest for a domestic violence against you.
6. To receive clerical assistance as to your role in the criminal justice process and to be treated with fairness, respect, and dignity.
7. To have a timely notice of judicial proceedings you are to attend and timely notice of cancellation of any proceedings.
8. To have a sentencing judge who receives and considers reliable information concerning the background, character and conduct of those convicted for the purpose of imposing an appropriate sentence.
9. To have a speedy trial and disposition of charge.
10. To wait in a secure area that does not require you to be in close proximity to defendants or family and friends of the defendants.
11. To have any personal property returned from criminal justice agencies when it is no longer needed for court, law enforcement or prosecution purposes.

RIGHTS OF CHILDREN

1. To have interviews related to criminal prosecution kept to a minimum.
2. To be questioned in an appropriate manner their age and understanding.
3. To receive protection from physical and/or emotional abuse during their involvement with the criminal justice process.
4. To be informed of available community resources and how to gain access to those resources.

DOMESTIC VIOLENCE

If you are currently experiencing domestic violence:

1. Plan how you could get out of the house quickly if your partner becomes violent.
2. Put together a suitcase and leave it at a friend's house. Include medications, clothing, important papers, car keys, money, and emergency phone numbers.
3. Tell your neighbors and have them call the police if they hear anything.
4. Teach your children about how to stay safe.

If you are thinking about leaving an abusive partner:

1. Identify what you will do if the violence starts again.
2. Call the police or work out a signal with the children or neighbors to call for help.
3. Find ways to have dangerous weapons removed from the house.
4. Plan and practice an escape route. Know where you can go and who you can call for help. Keep a list of addresses and phone numbers.

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VICTIMS ADVOCATES

Accessed through your local police department

Victims Assistant Lines

Provo - 801-852-6375

Spanish Speaking - 801-852-6244

Crime Victims Reparations Program

To determine if you qualify contact:

801-238-2360 or 800-621-7444

350 E 500 S #200

Salt Lake City, Ut 84111

www.crimevictim.utah.gov

Program Services

- Assistance throughout the criminal justice system, including court support
- Information on safety issues
- Education on domestic violence & other crimes
- Referrals for long-term counseling
- Information on short-term counseling services and support groups
- Assistance with reparations for medical expenses, loss of wages and restitution
- Assistance with shelter referrals
- Assistance with protective orders
- Information on welfare, food stamps, housing and other social services

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...DOMESTIC VIOLENCE CONTINUED

Treatment

Wasatch Mental Health

Victims or Perpetrator Treatment

750 North 200 West

Provo, UT 84601

801-373-4760

Center for Women & Children in Crisis

801-377-5500

www.cwcic.org

- Domestic Violence Shelter
- Support Groups
- Case Management

Utah County Victim Services

801-851-8026

- Crisis Intervention
- Safety Planning
- Criminal Justice Support
- Advocacy

To be notified of suspects jail release,

Register at www.vienlink.com

877-844-8463

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PROTECTIVE ORDERS

A court can issue a protective order to order another person to:

1. Not physically hurt or threaten you, your children or anyone else who lives with you
2. Move out of your home
3. Give you temporary custody of the children
4. Stay away from you, your home, your workplace
5. Not contact you in person, by phone, mail, email, etc.

You can get a protective order if:

1. Someone has physically hurt you, or threatened to hurt you
2. You have a close relationship with that person - (for example, you are married, you were married, you are living together, you have a child together, you are expecting a child together or you are close relatives.)
3. You are afraid that person may hurt you again

How to Obtain a protective order

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OBTAINING A PROTECTIVE ORDER

To get a protective order is free. You will need to:

1. Fill out the needed forms available at any courthouse or online at utcourts.gov/resources/forms/protective-order/
2. Turn in the completed forms to the courthouse. Within 24-48 hrs a Judge will sign a temporary order. (called an Ex Parte Protective Order)
3. The Ex Parte Protective Order will be effective after a Sheriff gives a copy to the person the order is against
4. The temporary order lasts for 20 days or until your court hearing
5. The time/date of the court hearing will be written on the Ex-Parte Protective Order. You will need to attend this hearing for the order to extend past 20 days

Call your local police department , victims advocate team or court house for more information regarding

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JUVENILE COURT

American Fork

75 E 80 N #201
American Fork, UT 84003

Provo

137 N Freedom Blvd
Provo UT 84601
801-429-1000

Spanish Fork

775 W Center Street
Spanish Fork, UT 84660
801-804-4780

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DISTRICT COURT HOUSE

American Fork

801-756-9654
75 East 80 North Suite 202
American Fork, UT 84003-0986

Provo

801-429-1000
137 N Freedom Blvd Suite 100
Provo, UT 84601

Salem

801-423-2770
30 West 100 South PO Box 901
Salem, UT 84653

Spanish Fork

801-804-4800
775 West Center
Spanish Fork, UT 84660

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JUSTICE COURT

Alpine /Highland

5400 W Civic Center Dr #4
Highland UT 84003
801-772-4525 (Alpine)
801-756-5751 (Highland)

Genola/Goshen/Santaquin

275 W. Main
Santaquin, UT 84655
801-754-5376

Lehi

154 N. Center
Lehi UT 84043
801-768-7160

Lindon

100 N. State Street
Lindon UT 84042
801-785-1971

Mapleton

125 W 400 N
Mapleton UT 84664
801-489-7445

Orem

97 E Center
Orem UT 84057
801-724-3900

Payson

439 W Utah Avenue
Payson UT 84651
801-465-5210

Pleasant Grove

70 S 700 E
Pleasant Grove UT 84062
801-785-9461

Provo

75 E 1700 S #100
Provo UT 84606
801-852-6878

Saratoga Springs

367 S. Saratoga Road
Saratoga Springs UT
84045
801-766-9793

Springville

110 S Main Street
Springville UT 84663
801-489-2707

Utah County Justice Court

151 S University Ave
#3300
Provo UT 84601
801-851-7200

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HOARDING

Helping someone who hoards...

1. Provide a supportive environment that encourages your loved one to seek help and make recovery possible
2. Don't take their possessions
3. Don't enable the behavior
4. Educate yourself
5. Recognize small victories
6. Help them sort their belongings
7. Don't clean up for them
8. Help your loved one find treatment

Local professional help *not all inclusive*

<https://www.utahhoarding.com/>

<https://bestcrimescenecleanuputah.com/>

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DISABILITY SERVICES

Utah Division of Services for People with Disabilities (DSPD)

Provides long-term support and services for people with disabilities so they can participate fully in their communities.

801-538-4200

dspd.utah.gov

Apply online

Utah Developmental Center

Provides an array of resources and supports for people with disabilities with complex or acute needs in Utah.

801-538-4171

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EMPLOYMENT SERVICES

Department of Workforce Services

Provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC, and food stamps.

Lehi 801-753-4500

Provo 801-342-2600

Spanish Fork 801-794-6600

LDS Employment Center

Assists with job referral, training, and rehabilitative placement.

801-818-6161

Vocational Rehabilitation

Utah State Division of Rehabilitation Services

Provides employment and other training and adjustment programs to help meet the needs of Utahns with disabilities.

Provo

801-806-0950

150 East Center Street Ste 3300

Payson

801-465-8384

910 East 100 North Ste 215

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LEGAL SERVICES ASSISTANCE

Community Legal Clinic

The Community Legal Clinic provides free legal services to those in need. Second and third year law students under the direction of Professor Carl Hernandez represent clients in matters including immigration, contracts, housing, and other matters. Citizenship and other community classes are also taught at the clinic.

Located at:

Deseret Industries, 2nd floor

1415 N. State St.

Provo, UT 84604

Thursdays from 5pm-7pm (Closed holidays)

Assistance available in English & Spanish

Email: communitylegalclinic@law.byu.edu

Phone: 801-297-7049

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Timpanogos Legal Center

The TLC is a free legal center that operates the Family Justice Center Walk-in Clinic ("FJC"). Law students work with the FJC, which is a free clinic for people with divorce, custody, or family law related issues. Advice on immigration and housing is also available. On the first Tuesday of each month an attorney is available to advise senior citizens on legal issues common to the elderly.

Clients can also access services and information from community partners including: Community Action, the Division of Child and Family Services, Victim Advocates, Department of Workforce Services, Centro Hispano, Housing, Timpanogos Legal Center, and other agencies.

Health & Justice Building, 1st Floor

151 S. University Ave.

Provo, UT 84601

Tuesdays from 5-8:00pm

(Closed holidays and the week between Christmas and New Year's Day)

Email: timplegal@gmail.com

Website: www.timplegal.com

SPANISH RESOURCES

Centro Hispano

Provides therapy groups and services for Spanish-speaking individuals

801-655-0258

